

DKRFC COVID-19 SELF SCREENING & TEST AND TRACE

The UK Government has put in requirements for organisations to require participants to self-screen and comply with test and trace procedures. This document is designed to give clubs a way to comply with these governmental requirements. Further details can be found on the UK Government Test & Trace and NHS Covid-19 Test and Trace pages.

Paper based: Each participant is asked to print off, complete and bring with them a hard copy of the self-screen checklist prior to training/matches.

NAME OF PARTICIPANT		AGE GROUP (TEAM)		DATE	
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Each participant should self-screen prior to leaving home for training/matches to ensure they do not have any of the following symptoms (confirmed by a parent for those under 18 years old).

Potential indicators of COVID-19 infection:	Check Negative	Check Positive
A high temperature		
A new continuous cough		
Short of breath		
A sore throat		
Loss of or change in normal sense of taste or smell		
Feeling generally unwell		
Persistent tiredness		
Been in close contact with /travel from a high risk region / living with a suspected or confirmed case of COVID-19 in the previous 2 weeks.		