



DUDLEY KINGSWINFORM RUGBY CLUB



MOBILE PHONE GUIDANCE

For Players & Parents | Keeping Rugby Safe, Enjoyable & Focused



PLAYERS BRING IT IF YOU NEED IT

Bring a phone if you need it to contact home before or after rugby. Use it responsibly and respectfully.



NO PHONES DURING RUGBY

Keep your phone safely in your kit bag during:

- Training sessions
- Warm-ups
- Team talks
- Matches
- Match debriefs



Exception only if a coach gives permission for an exceptional reason.



AFTER TRAINING / MATCHES

You may use your phone to:

- Contact parents/carers
- Arrange collection
- Check travel information
- Communicate about rugby.



Always respect others and be aware of your surroundings.



PHOTOS, VIDEOS & SOCIAL MEDIA



NEVER:

- Take photos/videos in changing rooms or toilets
- Photograph or film anyone without permission
- Share images of other children online without appropriate consent.



ONLINE:

- ✓ Respect teammates, opponents, coaches, referees and volunteers.
- ✓ Think carefully before posting.
- ✓ Avoid offensive, abusive, discriminatory or threatening messages.

Online bullying or inappropriate behaviour may become a safeguarding or disciplinary matter.



PARENTS & CARERS

You can support your child by:

- Only allowing a phone if necessary
- Discussing responsible phone use
- Keeping contact details up to date
- Encouraging interaction with teammates rather than excessive phone use
- Reporting safeguarding concerns promptly.



If your child travels independently, please ensure they know their arrangements for getting home and who to contact if plans change.



SAFEGUARDING IS EVERYONE'S RESPONSIBILITY

Report concerns about:

- Inappropriate images or videos
- Online bullying
- Offensive or threatening messages
- Unauthorised photography
- Any behaviour that may place a young person at risk



Report immediately to a coach, team manager or Club Safeguarding Officer.

The welfare of young people always takes precedence over mobile phones or social media.



KEY MESSAGES



Bring your phone if you need it



Use it responsibly



No phones during training, matches or team talks



No photos or videos in changing rooms or toilets



Respect others online and offline



Speak to a trusted adult if something worries you

Enjoy your rugby. Respect others.

Help us keep DKRFC a safe and welcoming club for everyone.