Dudley Kingswinford ®
Rugby Football Club
Est 1920
Heathbrook, Swindon Rd, Wall Heath, Kingswinford, West Midlands, DY6 0AW
Tel: 01384 287006 Email: admin@dk-rugby.co.uk

RFU Accredited Club

Mobile Phone Guidance for Players & Parents

Keeping Rugby Safe, Enjoyable and Focused

Mobile phones are a normal part of everyday life and can help players stay in touch with their families. At DKRFC, we ask all players and parents to use mobile phones responsibly so that training, matches and club activities remain safe, focused and enjoyable for everyone.

FOR PLAYERS

✅ You can bring your phone if you need a phone to contact home before or after rugby, but you must use it responsibly and respectfully at all times.
🚫 **During Rugby Activities**: Phones must not be used during:

- Training sessions
- Warm-ups
- Team talks
- Matches
- Match debriefs

Please keep your phone safely in your kit bag unless a coach has given permission for an exceptional reason.

After Training or Matches

✅ You may use your phone to:

- Contact parents or carers
- Arrange collection
- Check travel information
- Communicate about rugby-related matters

Always remain respectful of others and aware of your surroundings.

PHOTOS, VIDEOS & SOCIAL MEDIA
Never:

❌ Take photos or videos in changing rooms or toilets
❌ Photograph or film anyone without their permission
❌ Share images of other children online without appropriate consent

Online Behaviour

Players are expected to:

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- ✅ Treat teammates, opponents, coaches, referees and volunteers with respect
- ✅ Think carefully before posting comments, photos or videos online
- ✅ Avoid offensive, abusive, discriminatory or threatening messages

Online bullying or inappropriate behaviour may become a safeguarding or disciplinary matter.

FOR PARENTS & CARERS

You can support your child by:

- Only allowing your child to bring their phone if it is necessary
- Discussing responsible phone use
- Keeping contact details up to date
- Encouraging interaction with teammates rather than excessive phone use
- Reporting any safeguarding concerns promptly

If your child travels independently, please ensure they know their arrangements for getting home and who to contact if plans change.

SAFEGUARDING IS EVERYONE'S RESPONSIBILITY

Please report any concerns about:

- Inappropriate images or videos
- Online bullying
- Offensive or threatening messages
- Unauthorised photography
- Any behaviour that may place a young person at risk

Concerns should be reported immediately to a coach, team manager or the Club Safeguarding Officer. The welfare of young people will always take precedence over the use of mobile phones or social media.

KEY MESSAGES

- ✅ Bring your phone if you need it
- ✅ Use it responsibly
- ✅ No phones during training, matches or team talks
- ✅ No photos or videos in changing rooms or toilets
- ✅ Respect others online and offline
- ✅ Speak to a trusted adult if something worries you

Enjoy your rugby, respect others, and help us keep DKRFC a safe and welcoming club for everyone.